



**LASER TREATMENT PRE & POST CARE INSTRUCTIONS
FOR LASER GENESIS, LASER HAIR REDUCTION, LASER VEIN AND LIMELIGHT**

UV SENSITIZING MEDICATIONS:

Some medications or supplements may increase the risk of burning or bruising. Consult with your physician and advise your aesthetician of any medications you are taking or may begin taking during the course of your treatment.

Examples (this is not an exhaustive list):

Highly Sensitizing - Tetracycline, Minocycline, Doxycycline, Oracea, Chemotherapy Meds, Retinoids

Mildly Sensitizing - Cipro, Levaquin, Bactrim, Placquenil, Amiodarone, Procardis, Cardizem, Lasix

BEFORE YOUR TREATMENT:

- Do not wear makeup on the day of treatment.
- Excess hair may need to be shaved. Men should be cleanly shaved.
- No sun-tanning or self-tanners 2 weeks prior to treatment. This includes spray tans, tanning lotions, tanning beds, sun exposure, etc.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc.).
- Notify your aesthetician of any changes to your health history or medications since your last appointment.
- A history of herpes or cold sores may require an anti-viral prescription prior to treatment.

AFTER YOUR TREATMENT:

- Avoid sun exposure.
- Use a broad spectrum (UVA/UVB) SPF30 or more sunscreen to prevent further sun damage.
- Bruising, redness and swelling may occur and resolve with time.
- Avoid heat such as hot tubs, saunas, etc. for 1-2 days.
- Avoid skin irritants a few days post-treatment. This includes products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc.
- Multiple treatments may be required.
- Notify your aesthetician of any concerns (blistering, excessive redness/swelling, etc.).
- Consult with your aesthetician about when to resume your skin care regimen.

Contact Mon Ami Spa at 601-790-9821 with any questions or concerns.